



Official Quarterly Newsletter of Blind Rocks!

Vol. 9 July - September 2026

News By : Bishesh Neupane

THIS ISSUE:

Page 1

Tourism for All

(Advocating for Accessible and Inclusive Tourism)

Page 2

Finding Each Other

(Online Inclusive Parenting Session)

Page 3

Bhotekoshi Floods: Standing with Nepal

Tourism For All

(Advocating for Accessible and Inclusive Tourism)



Sudan(L) and Sami(R) posing in front of the workshop main backdrop

On 25 June, a team from Blind Rocks!, including Sami Lawati and Sudan Tandukar, participated in an insightful workshop organized by the Nepal Tourism Board (NTB) and TikTok at the NTB Auditorium Hall. The workshop provided an opportunity to learn more about the use of TikTok as a platform for promoting Nepal's tourism, while also creating space for meaningful discussion around accessibility and inclusion.

For Blind Rocks!, the workshop was more than just a learning opportunity. Our team used the platform to bring attention to the experiences of people with disabilities and to advocate for a tourism sector where everyone can participate, explore, and enjoy Nepal's destinations without unnecessary barriers.

During the discussion, we highlighted two important areas:

Making Digital Platforms More Accessible

A direct ask to TikTok representatives: make the platform more accessible so that blind and visually impaired creators can produce, share, and be discovered on equal footing. TikTok's reach is enormous — but right now, its accessibility gaps shut out an entire community of storytellers who have just as much to say about Nepal as anyone else, and who deserve the same ability to independently create, engage, and contribute their perspectives to Nepal's growing digital tourism space.

Promoting Accessible and Inclusive Tourism

A conversation with the NTB Director about what "Tourism for All" actually means on the ground — pushing for Nepal to make genuine, concrete commitments toward accessible and inclusive tourism, so that our country's beauty, culture, and landscapes can be experienced by everyone, regardless of ability.



Sami(Left) and Sudan(Right) front row just before the start of the workshop

Both conversations were encouraging. The NTB Director engaged genuinely with the idea of turning "Tourism for All" from a phrase into a policy direction, from a concept into something Nepal can actually be known for. TikTok representatives acknowledged the current accessibility limitations and expressed openness to working on improvements. It was a start — and Blind Rocks! will keep following up.

We appreciate the Nepal Tourism Board and TikTok for creating a space where learning, dialogue, and diverse perspectives could come together. For Blind Rocks!, opportunities like this are important not only for raising awareness but also for ensuring that the voices of persons with disabilities are included in conversations shaping Nepal's tourism and digital future.

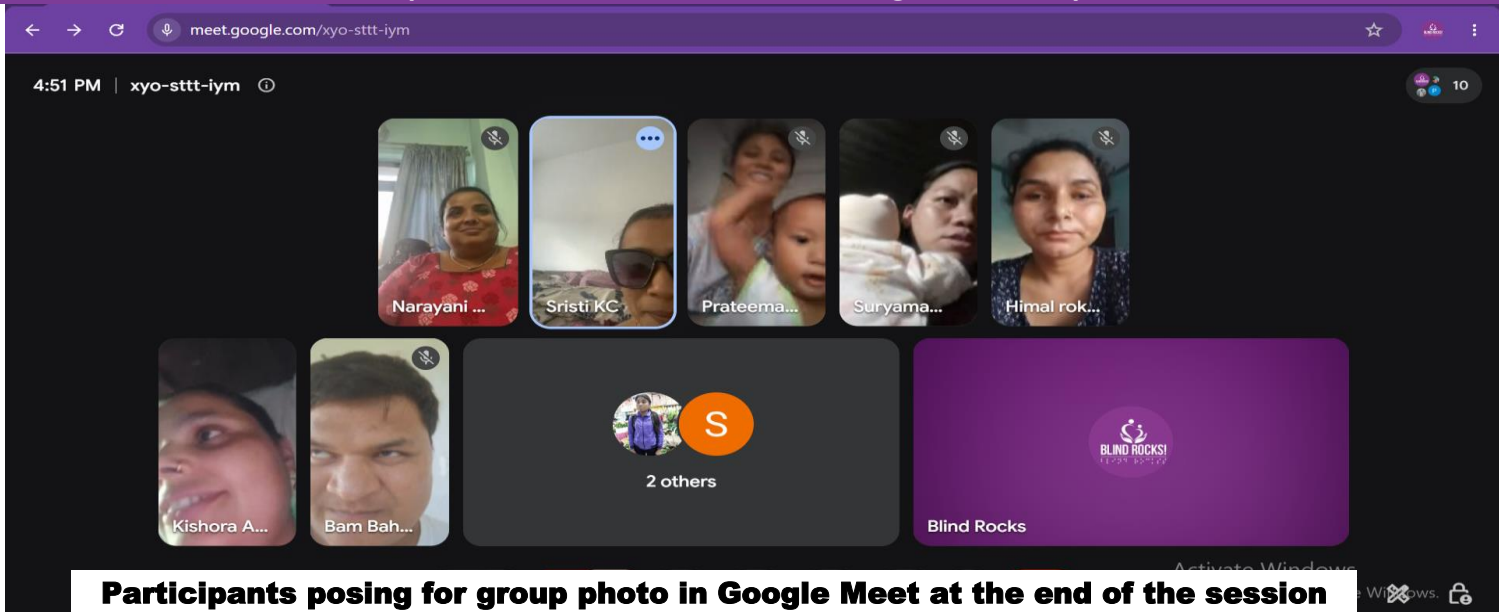
Building an inclusive Nepal means making sure that inclusion is experienced both online and on the ground.



Sami(L) and Sudan(R) posing in front of the workshop banner inside the hall

Finding Each Other

(Online Inclusive Parenting Session)



Participants posing for group photo in Google Meet at the end of the session

On 8th August, Blind Rocks! held Inclusive Parenting experience-sharing session, bringing together parents with disabilities from across our network. The online session created something that doesn't always exist for this community: a space where your experience as a parent with a disability is the starting point, not an afterthought. Participants spoke openly about their day-to-day parenting realities — the challenges, the moments of doubt, the strategies that work, and the gaps that nobody is filling yet. They shared opinions, suggestions, and reflections on what could make their parenting journey more accessible, comfortable, and empowering.

The absence of dedicated, safe spaces for parents with disabilities was felt acutely. Participants were clear that being able to regularly connect with others navigating the same landscape — sharing practical solutions and simply being understood — matters deeply. Parents in the session demonstrated that lived experience generates real, usable knowledge and what they need now is a structure to share it and a community to sustain it.

As a direct outcome, participants expressed interest in forming an ongoing online peer-support group — a regular space where parents with disabilities can connect, raise challenges, exchange practical advice, and not have to explain the basics of their lives to get a useful response. The group could offer a consistent home for the kind of honest, judgment-free conversation that this session showed is both possible and deeply needed. Over time, the group could grow into a supportive community where members feel heard, connected, and confident in seeking and offering peer support.

For Blind Rocks!, the session was an important step toward building a more connected and supportive environment for parents with disabilities. It reinforced what we already believe: listening to lived experiences, and creating spaces where parents can learn from each other and raise their concerns collectively. This session was a beginning, and the community it brought together is exactly what makes it worth continuing.

Bhotekoshi Floods: Standing with Nepal

From our Hearts

The recent floods along the Bhotekoshi river have left a trail of devastation across communities in Nepal, taking lives, destroying livelihoods, and displacing families. We grieve with every family who has lost someone, every community left picking through what remains.

Disasters like this are never neutral. For persons with disabilities, the risks are compounded — evacuation systems that weren't designed with them in mind, emergency communication that isn't accessible, and support structures that reach the margins last, if at all. This is a reminder of why disability-inclusive disaster preparedness and response must be part of how Nepal prepares, not an afterthought when things have already gone wrong. We stand in solidarity with all those affected. We hold Nepal, and we keep hoping.

A heartfelt thank you to everyone who reached out to check in on us — your care means more than we can say.

As an organisation rooted in the disability community, we are committed to contribute to disability-inclusive disaster preparedness and response. Your support helps us reach more people, respond when it matters, and ensure that persons with disabilities are not left behind in times of crisis.

Together, let's build a more inclusive and resilient community—every day and in every crisis.



YOU AND ME, WONDERFUL WE!

Blind Rocks! is a non-profit organization that advocates for the rights of disabled people using art and adventure as tools. We focus on interpersonal development, mental health and confidence building, especially of people with visual disabilities.



To support our cause!

**For donations and more info,
Visit: blindrocks.org
Contact: blindrocks.ngo@gmail.com**